



2023 European Rowing Coastal & Beach Sprint Championships - La Seyne-sur-Mer, FRA					
Provisional Programme as of 25 August 2023					
Wednesday 30 August	Thursday 31 August	Friday 1 September	Saturday 2 September	Sunday 3 September	
Sunrise :6:59 Sunset: 20:14	Sunrise: 7:00 Sunset: 20:12	Sunrise: 7:01 Sunset: 20:10	Sunrise: 7:02 Sunset: 20:09	Sunrise: 7:04 Sunset: 20:05	
		ENDURANCE RACES	ENDURANCE RACES	BEACH SPRINT	
		Course Inspection 07:00	Course Inspection 07:00	Course Inspection 07:30	
		ENDURANCE HEATS	ENDURANCE FINALS	BEACH SPRINT - R2	
10:00 - 11:00 hrs Rescue Rehearsal	09:00 - 17:00 hrs Official Training & Accreditation	08:00 MCV1x - H1	ENDURANCE FINALS B	R2 Track A & B 8:30-11:30	TA CJM1x & TB CMix2X
		08:30 CCMix2x - H1	08:00 CCM2x		TA CW1X & TB CJMix2X
		09:00 MCV1x - H2	08:30 CCM1x		
		09:30 CCMix2x - H2	Technical Break 4k to 6k		
		10:00 MCM1x - H1	ENDURANCE FINALS A		TA CM1X
		10:30 CCM2x - H1	09:20 CCM2x		
12:00 - 17:30 hrs Official Training	09:00 - 14:00 hrs Crew Registration	11:00 MCM1x - H2	10:00 CCW1x		Lunch Break
		11:30 CCM2x - H2	10:40 MCMix2x		
		12:30 CCM1x - H1	11:20 CCM1x		(2 TRACKS A & B)
		13:30 CCM1x - H2	12:00 - 13:10 Victory Ceremonies Endurance		12:30 - 13:45 TA 12:35 - 13:50 TB
		ENDURANCE FINALS B			CJM1x CMix2X
	10:00 hrs (TBC) Technical Race Rehearsal	14:30 MCV1x	13:10 Lunch Break	14:00 - 15:15 TA 14:05 - 15:20 TB	CW1X CJMix2X
		15:00 CCMix2x	12:30-14:00 Technical Break - BS	15:30 - 16:45 TA 15:35 - 16:50 TB	CM1X CJW1x
		15:30 MCM1x	BEACH SPRINT		
		Technical Break 4k to 6k		BEACH SPRINT PR. TIME TRIALS	
		ENDURANCE FINALS A			17:30 Victory Ceremonies BS
	16:00 hrs Jury Meeting	16:00 CCW2x		CJM1x	
		16:40 CCM4x+	PTT - 1 14:00 - 15:47	CJW1x	Provisional Beach Sprint Entries
		17:10 MCV1x		CM1x	
		17:50 CCMix2x		CW1x	CM1x 18
		18:30 CCM4x+		CJMix2x	CW1x 15
		19:10 MCM1x	15:47 - 16:03	CMix2x	CMix2x 15
	17:00 hrs Team Manager & Captains Meeting	BS Training at the Lazaret only		PTT - 2 16:03-16:12	CM1x
		Official Beach Sprint Training			CJM1x 11
					CJW1x 8
					CJMix2x 11
	18:30 hrs Opening Ceremony				
Provisional Entries					
Event	#				
Member Federation Endurance					
MCM1x	22				
MCW1x	22				
MCMix2x	13				
Club Endurance					
CCM1x	24				
CCW1x	10				
CCM2x	21				
CCW2x	14				
CCMmix2x	19				
CCM4x+	16				
CCW4x+	14				
Venue Open:					
Wednesday: 10:00 - 18:00 hrs					
Thursday: 09:00 - 20:00 hrs					
Friday: 07:00 -20:00 hrs					
Saturday: 07:00 - 20:00 hrs					
Sunday: 07:30 hrs					

*) alternative BS training at the lazaret only on Friday!